


ORIAH HERA MIRZA

Five-Day Workshop: Raising Psychic Children & Mindful Adults



SACRED JOURNEY: A SPIRITUAL WORKSHOP FOR YOU
AND YOUR PSYCHIC CHILD

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Sacred Journey: A Spiritual Workshop for You and Your Psychic Child


Embark on a transformative five-day workshop designed to nurture the divine connection between you and your psychic child. Together, we will explore their spiritual gifts in a safe, loving, and empowering space. Each day, we embrace practices that honor the sacred bond you share, while fostering growth, understanding, and self-discovery. Through guided meditations, affirmations, creative activities, and nature explorations, this workshop allows you both to deepen your connection to the divine and to each other. From learning to embrace psychic abilities as a beautiful gift to creating safe spaces and integrating these gifts into daily life, this journey celebrates your child's unique light while strengthening your role as their guide and student.

As we conclude, you'll leave with a profound sense of purpose, tools to continue nurturing your child's spiritual path, and a heart full of gratitude for this sacred unfolding. Together, you are stepping into the world as radiant souls, empowered and aligned with the cosmic dance of love and light. May your journey be illuminated with wisdom, peace, and divine grace.


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Welcome to our enlightening journey together, a sacred five-day workshop designed to walk you and your psychic child through a profound spiritual unfolding. As we step into this sacred space, let's set the intention to nurture and empower the beautiful souls that our children are. Remember, both you and your child are divine beings on a journey of growth and discovery. Let's embrace this with love and light.



Day 1: Embracing the Gift

Affirmation: I am open to the divine gifts within myself and my child.

- **Morning Meditation:** Begin with a gentle meditation for both you and your child. Focus on connecting with the higher self and acknowledging the unique gifts each of you holds.
- **Discussion:** Introduce the concept of psychic abilities as a natural and beautiful gift. Share stories of crystal children and the advanced souls present in today's generation.
- **Activity:** Encourage your child to express their psychic experiences. Use art or storytelling to let them share what they see, feel, or hear.

Day 2: Listening and Learning

Affirmation: I am a student of my child's wisdom and a guide in their journey.

- Morning Reflection: Spend time reflecting on the balance between guiding and being guided by your child.
- Interactive Exercise: Go outside and explore nature. Encourage your child to communicate with the natural world. Ask questions like, "What are the trees whispering today?"
- Evening Journal: Both you and your child can journal about the day's experiences. What did nature say? How did it feel to communicate with the unseen?



Day 3: Creating Safe Spaces

Affirmation: I nurture a safe and loving environment for spiritual growth.

- **Guided Visualization:** Visualize a safe space where your child's psychic abilities can flourish. Imagine this place as a sanctuary of peace and creativity.
- **Safe Space Discussion:** Talk about the importance of having a safe environment to explore psychic abilities. Discuss how school and public places may feel different and how to navigate these spaces.
- **Art Project:** Create a "psychic sanctuary" drawing or model with your child. Include elements that make them feel secure and happy.

Day 4: Integrating with the World

Affirmation: I guide my child to walk in the world with grace and confidence.

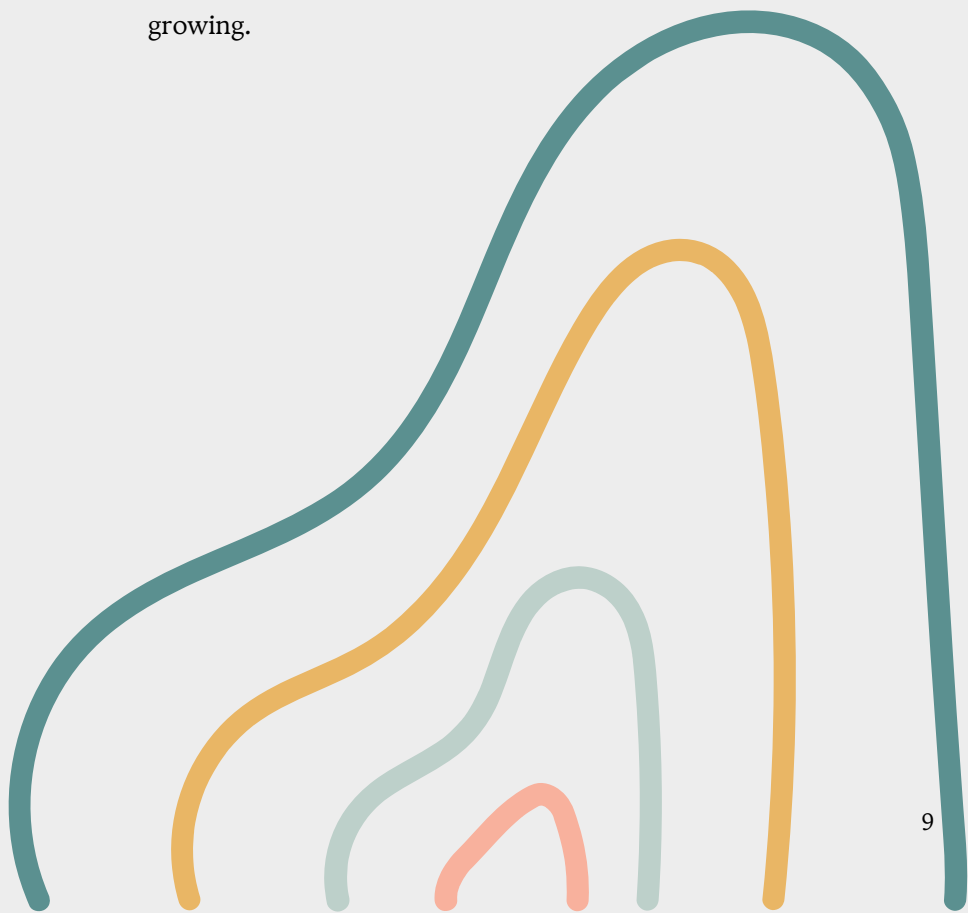
- Role-Playing: Practice scenarios where your child may need to balance their psychic world with the mundane. Teach them gentle ways to express their gifts without fear of judgment.
- Creative Expression: Encourage your child to channel their psychic abilities through music, art, or dance. Share stories of others who have done the same.
- Evening Circle: Gather for a family circle where each person shares their creative and psychic experiences of the day.



Day 5: Celebrating the Journey

Affirmation: I celebrate the divine journey of my child and myself.

- **Celebration Ritual:** Create a special ritual to honor the journey you've taken together. This could be lighting candles, sharing blessings, or creating an altar of gratitude.
- **Reflective Sharing:** Discuss how both of you have grown over the past days. Acknowledge the challenges and celebrate the triumphs.
- **Vision for the Future:** Create a vision board with your child, focusing on their dreams and how they see their psychic abilities growing.



Closing Thoughts

As we conclude this sacred workshop, remember that you and your child are part of a greater cosmic tapestry. You are both teachers and students, here to learn from each other and from the universe. Embrace this journey with love, compassion, and an open heart.

May your path be illuminated with divine light and wisdom.

