



Riz & Oriah

10
QUESTIONS
TO ASK
YOURSELF

LOVE, RELATIONSHIPS, AND CONSCIOUSNESS
THROUGH THE LENS OF CHANNELING LEONARDO DA VINCI
"HOW TO KNOW IF YOU ARE WITH THE RIGHT PARTNER"

10 Questions You Should Ask Yourself:

Based on the transcribed content from the episode "Channeling on Love," here are 10 introspective, self-reflective questions you can consider regarding your own journey and relationships. These questions integrate the concepts discussed in the episode:

1. Artistic Composition of Love:

- In what ways do my relationships resemble a composition of art, balancing different colors, textures, and perspectives? How can I appreciate the uniqueness of my own relationship as an art form?

2. Seeing the Extraordinary in the Ordinary:

- How often do I perceive the extraordinary qualities in those I love, even when others may see only the ordinary? How can I cultivate a deeper appreciation for these qualities?

3. Channeling Creativity in Relationships:

- How can I step out of my own way and allow creativity and love to flow naturally in my relationships, similar to how an artist channels inspiration?

4. Surrender and Trust in Love:

- What aspects of my relationship require me to surrender and trust more? How can I embrace the wild nature of love without resistance?

5. Nature as a Relationship Guide:

- How can I take inspiration from nature in my relationships, allowing for growth, change, and coexistence without resistance?

6. The Invisible Becoming Visible:

- What unseen elements in my relationships need to be expressed and acknowledged? How can I bring these to the surface in a loving way?

7. Balancing Yin and Yang:

- How do I balance the yin and yang energies within myself and my partner? In what ways can I nurture both the intuitive and bold aspects of my relationship?

8. Creating a Masterpiece Together:

- What steps can I take to co-create a masterpiece relationship, understanding that it may differ from initial expectations? How can I appreciate the journey as part of the art?

9. Expanding Consciousness in Love:

- How does expanding my own consciousness influence the dynamics of my relationship? How can I ensure that both partners are growing and learning together?

10. Being Gentle and Soft in Communication:

- How can I introduce more gentleness and softness into my communication with my partner? What impact might this have on the overall health and happiness of our relationship?

Reflecting on these questions can help you explore and deepen your understanding of your relationships, embracing them as dynamic and evolving works of art.