

Oriah Hera Mirza

# Conversation points

### Introduction

- Welcome and Channel Overview
- Purpose of Today's Discussion

### Discussion on Signs and Symbols

- Explanation of synchronicities and their meanings.
- The connection between signs, symbols, and the higher self.

### Synchronicity in Everyday Life

- Examples of Synchronicities
- The Role of the Higher Self in Communicating Signs

## **Dimensions and Enlightenment**

- Misconceptions About Dimensions
- Personal Journey and Experiences with Dimensions

## The Concept of the Higher Self

- Definition and Characteristics
- o Relationship Between Higher Self and Everyday Self



## Navigating the Matrix and Personal Evolution

- Understanding the Matrix
- Steps Toward Personal Evolution and Enlightenment

## **Practical Tips for Recognizing Signs and Symbols**

- Paying Attention to Synchronicities
- Interpreting Personal Signs

## **Concluding Thoughts**

- Embracing Magic and Fun in Life
- Encouragement for Authentic Living

## **Engagement and Feedback**

Invitation for Comments and Future Topics

#### INTRODUCTION



# Hello, I'm your coach Oriah.

Welcome to "Signs & Symbols Unlocked" with Lady O, where we embark on a fascinating journey to explore the mystique of signs and synchronicities in our lives. In this unique class session, Lady O presents a fresh perspective on understanding signs and symbols, moving away from common conspiracies and delving into the meaningful synchronicities we encounter daily. Through personal anecdotes and profound insights, she explains how these signs are not just random occurrences but messages from our higher selves, signaling that we are on the right path and resonating at the frequency needed to communicate with our true selves.

Lady O challenges conventional thoughts on dimensions, emphasizing the importance of inner evolution and enlightenment rather than striving to "arrive" at a higher dimension. With a wealth of experience in spiritual journeys and channeling, she encourages us to embrace our current dimension and focus on personal growth, self-awareness, and the joy of living authentically. This session is an invitation to explore the magic within us, understand the significance of signs, and engage in life with a sense of wonder and connection to the universe. Whether you're a newcomer or a long-time follower, get ready to dive deep into the art of communing with your higher self and unlocking the mysteries of signs and symbols.

-Driah Mirza



TRANSCRIBED FROM LIVE VIDEO SESSION

"THE POINT OF EVOLUTION, THE WHOLE POINT OF ENLIGHTENMENT, THE WHOLE POINT OF YOU RISING TO THE NEXT LEVEL WITHIN YOURSELF IS FOR YOU TO ENGAGE IN ACTIVITIES AND INNER DIALOG THAT IS MORE SUITED FOR YOU."

-Oriah Mirza

# The Philosophy of Signs & Symbols

Hello, everyone! How are you all doing out there? I am Lady O. For those of you who are new to our channel, welcome! This is classroom time, and sometimes I like to call it reaction time because I watch things on the internet that rile me up, and I definitely want to give my two cents. If you're not new to my channel, welcome back! My husband and I share this channel; we are a co-hosting team, a psychic couple, and we also do Live Psychic Sundays and his transchanneling sessions, which we call Meta Mystic Midnight Madness. I have all the titles! Anyway, here we are. Today, I am going to talk to you about signs and symbols. I think I'll be taking a different approach than most people. As I was browsing the internet—this wasn't necessarily research; I just wanted to see what others were saying about this topic —I found that the conversation around it is, in my opinion, quite different from how I plan to discuss signs and symbols. While there may be some who share my perspective, I noticed a lot of conspiracy theories being discussed.

I saw a lot of triangles. There were many things that I hadn't considered as signs and symbols for my purposes. So, what I'd like to talk to you all about today is what happens when you are driving and you see a billboard with the name of a person you were just thinking about or just called on the phone, and there it is —the name right in front of you. That type of synchronicity is a sign and symbol. Those are messages from your higher self that are coming from the other side. Simple. We could just end it there, right? But it's deeper than that. Most people want to know why their higher self sends them signs and symbols. Well, on the surface, you could say it's because they want to let you know that, A, they're with you, and B, you're on the right track. The fact that you're even seeing signs and symbols indicates that you have arrived at the proper frequency to start listening to your higher self. So that's the main topic here; that's what I really want to discuss: the communication happening between your higher self and yourself here.

# "It's not synchronicities alone you're looking for, but it's the message behind them."



But before we jump into that, I want to discuss something I heard in a video called "How to Know You're in the Fifth Dimension." I got triggered because, honestly, your dimensions, state of mind, and way of thinking exist inside you. You're not trying to arrive at a destination; you're not trying to conjure up or create a false sense of self so that you can fit into this so-called other dimension. You could sit with that for a second. So, when people talk about dimensions, I get a little triggered. It's not that there are any experts on the topic—clearly. I've participated in over 2,500 Circle of Light sessions, transchanneling five-hour episodes to a live public audience, spending time with spirit guides. I have a little bit of information. People give too much credit to dimensions. We're in the third dimension now, so that must mean it's bad because we're not in a good dimension, obviously. So, we're trying to get to the fifth dimension. We're trying to reach the next dimension.

# "You have to learn how to have fun. And how do you have fun when you are mad, sad, disappointed, discouraged?"





We don't want to be in this dimension. Okay, so you defeat the entire purpose right there. The whole point of evolution, the whole point of enlightenment, the whole point of rising to the next level within yourself is to engage in activities and inner dialogue that are more suited for you, that feel better for you, and that are more comfortable for you. So if you're thinking, "I need to get out of this dimension and go into this dimension," you're carrying over a very similar vibration to a dimension that you'll never reach if that's what you believe will happen. By doing this, you're making this dimension wrong. Therefore, there is no evolution. Consequently, this contrived fifth dimension is not going to host you, and you're not going to arrive with all your new games and new enlightenment. You won't just step into the fifth dimension and say, "I'm going to be a certain way, I'm going to talk a certain way, I'm going to look at people with love, and I'm going to embrace all the healing aspects."



Okay, fine. If you want to do that, you can do that. The thing is, in my experience and interpretation of dimensions, evolution, and enlightenment, you are ultimately communing with yourself. You are experiencing yourself in a very visceral way; as you know, you are living with yourself. Everything you do is about yourself. Everything you do is about how to take care of you. The point of evolution, advancement, and enlightenment is to become enlightened to yourself.

WWW.RIZMIRZA.COM

# "You are the creator. At the end of the day, you're the creator." -ORIAH MIRZA

When you do that, you then understand that there's more to you. You begin to understand love. You recognize more light. When I say light, it's like turning on the lights in a room; you can see things more clearly. So think of it this way: if you're interested in signs and symbols, a great approach is to immerse yourself in your inner sanctum, your inner dialogue. Become quiet and still, and delve within yourself to discover and uncover your truest, highest frequencies. The reason you want to do this is that you want to advance. Why do you want to advance? Because you want to have more fun.

# It's not brain science. It's not neuroscience. It's not rocket science. It's logic.

You want to be more comfortable. When you're in the rain, you want to get out of the rain. When you're in the cold, you want to get into a warm place. You could muscle your way through life and try to bear all the sufferings of the world and endure your own suffering. Or you could reinvent and recreate your environment and your life. You can change how you see things. You can change how you speak to people. You can change how you think. By the time you process everything in your life that you want to process, and by the time you embrace it yourself, take it in, and find love for your creations, for yourself, and for your life, you will not care what dimension you're in. Hear it here first: you will not care what dimension you are in. Why would you care? Why do you need to cross anything off a list? Why do you need a location? Why do you need the zip code of, "Oh, I'm not in the third



# "You will still be able to find every day 3D material items will have synchronicities and signs there for you."

I'm in the fifth dimension now. Why do you need that? To say what to whom? To tell other people that you're in the fifth dimension? By the time you get to that point, let me tell you clearly, they could care less. As you already know, they didn't care before, so they won't care even more now. So why do you need to bring that into the interaction between you and another person? The only real way you're going to have fun with being in a different dimension is by letting everybody know. Let everybody know you're in a different dimension. "See everyone? Look, it's all the signs and symbols. I'm doing everything accurately. I'm doing all the techniques, and I am the healer of the magnitude of the multitudes of people. I am doing all the things, and you are going to see me and know that I'm not in your dimension." Well, guess what? That doesn't sound very evolved to me. Whatever that is worth to you, in my opinion, it doesn't seem very evolved if you're super worried about letting people know how much love you have.

To let people know that you are doing it right, that you're evolved. This was supposed to be a video about signs and symbols. However, as I studied signs and symbols on the Internet, I became super triggered. That's how we ended up here because I need to get this out of the way before addressing how you are communing with yourself. First, you have to get rid of these ideologies. You need to let go of the idea that you have to go to another dimension to have a better life. That doesn't sound fun—does it sound fun to you? What does that mean? It means that where you are is not good enough. By thinking this way, you just feed your story and continue to tell yourself that you are the trash you think you are. Go ahead and do that, and see what happens. If you keep doing that, then you will continue to reap the results of that behavior. Then you might get mad because you don't like what you are creating, and you'll be left wondering, "What am I doing wrong?"

# "The best way you can describe it, it is your higher intuition. It is your angelic version of yourself."

And what are they doing wrong? Then you get stuck in a rut, continuing this cycle of making yourself wrong, making others wrong, and making the planet wrong. I get it; it's a human condition, and all of us fall into this trap. It doesn't matter how enlightened you are. Take the most enlightened person in the world and have them go to Thanksgiving dinner—good luck! So here we are, dropping it in. If you're just joining us, welcome! If you are new to our channel, please check out our other videos. And if you are an old-timer who's been hanging out with us from the beginning, then you can just pull up a seat, get your notebook out, and get ready. For those of you who don't know what I'm talking about, you can fill in the blanks by going back a few months and watching some of our videos and lives, where we discuss our belief systems. It's a little different than how most spiritual people talk, and that's the whole point, because we are trying to break apart these ideas of separatism.





If you're not living your truth, then what is the point? Practicality in everyday life involves living and breathing in your own essence. Being in your own realm and understanding who you are is the name of the game. That is what we're here to comprehend. We seek to understand who we are, how we create things, and how we navigate this matrix and our multidimensional lives. Can I have a multidimensional life if I am only discussing the fifth dimension in that context? Yes, you can have a multidimensional life because you are aware that you exist in alternate dimensions to whatever degree. At some point in your evolution, you will discover this. I digress, so let's return to the main topic of this discourse: we are going to talk about how to commune with your higher self and how to recognize that you are indeed communing with your higher self through signs, symbols, and synchronicities. Here's how it works: You might often see the number 1111. Then you see 444. Following that, you check your odometer reading, and you notice patterns on the radio or dials. You may even spot your birthday frequently.

And then you see your number here again. You have a favorite number, and you keep seeing it repeatedly. Then, someone comes into your life with the same birthday, or they come in and say the same thing you were just saying. You might even say something out loud to your friend while you're watching TV, and the person on TV says the same phrase at the same time. It continues on and on. You're thinking about a song, and it comes on the radio. You're thinking about a person, and they call. What is this all about? Why is this happening? At first, you get excited, then you get scared, then excited again, followed by frustration and confusion. You start researching, trying to figure it out. Well, let me put this to rest for you. What this is, is you receiving signs and symbols from your higher self, letting you know that you've connected. Why does this matter? First, let's talk about the higher self. I'm no expert, and right off the bat, I want to let you know that I'm not an expert on the higher self.

# "YOU'RE THINKING ABOUT A SONG, IT COMES ON ON THE RADIO. YOU'RE THINKING ABOUT A PERSON, THEY CALL. WHAT IS THIS ALL ABOUT?"

There's probably no one I know who can truly be an expert on the higher self. It's quite impossible. The higher self is your angelic self; it's an oversoul connected to

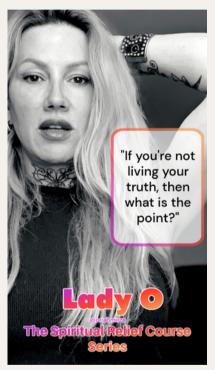
many other selves and beings with different personality essences. If you're curious to learn more about the details, I recommend reading "Seth Speaks" by Jane Roberts, a trans-channel from the '60s and

'70s, who discussed the oversoul, the higher self, and what occurs in those dimensions. There's a wealth of important and detailed information in that book. As mere mortals, it's unlikely we can fully comprehend what the higher self is. However, the best way to describe it is as your higher intuition—your angelic version of yourself. It embodies your inner voice.

It's the quiet whisper that guides you, steering you toward the right path. It provides encouragement and also sets boundaries by saying "no" when necessary. You are constantly communing with this aspect of yourself. But if you remain loud, noisy, combative, sarcastic, or trapped in repetitive thoughts filled with confusion and an endless search for solutions that lead nowhere, it will be difficult to hear your higher self. You must learn to settle down, sit quietly, and listen to what your higher self is trying to convey.





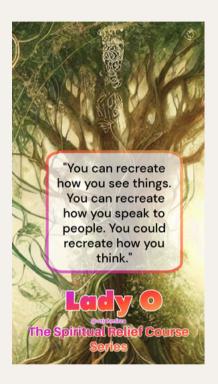


However, you will still be able to find that every day, 3D material items will have synchronicities and signs for you, allowing you to start to receive cues and those little "aha" moments that indicate you are being communicated with by your higher self. Some people say you are being visited by your angels or spirit guides. That works for me too, if you'd like to use that terminology. But for me, the true power lies in the fact that it is my future self, my higher self, my Oversoul—my original angelic self—that is actually communing and communicating with me, conveying the things I need to know. For instance, let's say I'm driving down the road after having just finished a conversation with someone. I might be reflecting on that conversation, which could have been terrible or perhaps the best one I've ever had. While I'm driving, if a bunch of synchronicities and signs start to appear, the first thing I will do is stop and reflect, asking myself, "What was I just thinking about?" If I realize I was criticizing myself, I then recognize, "Oh, there I go again, making myself wrong."

My higher self is there to show me that I'm on the right track and to be patient; I will get this eventually. That might not have been the best conversation, but I know that I can pull myself forward, and there's more to come. So it's encouragement. Alternatively, you can see it as the opposite—if you had a great conversation, then congratulations. You fill in the blank. You are the creator. At the end of the day, you're the creator. If your higher self is giving you a nod, confirmation, or coming through with signs and symbols, it's letting you know that you are being watched in a good way and communicated with.

The higher self is there for wisdom whenever you need it. Now, why are we separate from the higher self?
Technically, we are not. What is happening is that our, quote-unquote, lower self is the version of our human body that has certain programming abilities, which it programmed itself and was programmed by the Earth you live in, your culture, neighborhood, school, environment, religion, infrastructures, educational system, and all the different matrix-like elements present in your life.

So let's say you have this big matrix. Now, when people go through a spiritual evolution, a rebirth, and an ascension, they say the first thing is to get out of the matrix. Yes, that is a stage, and you definitely want to embrace that idea because it works perfectly well. But then, you're going to find out that you still live in the matrix. Unless you live on a mountaintop. But even then, there's a matrix. So you're still in a matrix at all times. Sorry, I'm losing my voice. You're in this matrix, and it's filled with programming from conversations, ideals, ideologies, philosophies, religious beliefs, and everything else. You're being programmed, and that's fine because that's what we all agree to as human beings. So here we are, all programmed, thinking we know ourselves. We have our little personalities, and we do this and we do that. But inside, there's a little voice that says, "Nope, that is not it. That is not the final destination, and that is not the final you."



What is my authentic self? Who am I really? Well, you are the being that encompasses your current existence. It's the being that is here right now, talking, making decisions, and living within the matrix, while also yearning to understand what it means to think freely, like a true free agent. You are engaged in this introspective conversation at all times. You're constantly pondering, "Who am I? What am I doing?" If you're not reflecting on these questions, you may just be going through the motions. You tend to go through the motions until you become tired of it, at which point you return to the question of, "Who am I really?" If you struggle to find an answer, frustration sets in, leading to tantrums—many tantrums that can last for years. Eventually, you become weary of the tantrums and the results that emerge from them. At that moment, you return to your center and say, "Okay, here we are again. Let's start over." You acknowledge that you are in a matrix and have programming; you accept that and move on. Good. Next, you need to figure out how to live on this planet.





Yes, you do. Why is it so hard? Because there are seven point blah, blah, blah billion people living on the planet, all doing their own versions of their own creations. Imagine going into a science class with that many people, all with their chemistry sets, creating all kinds of crazy things. And then there are all the different grades. You're in a school with how many grades? From preschool to PhD programs. So, yeah, school never ends. You're in this class trying not to make any mistakes, just trying to survive. Now throw in the fact that you're an empath. Add in a special needs situation or dealing with a handicap, or anything that makes life more difficult. Then, pile on your confusion. By the time you're done processing everything, you're exhausted. You don't even want to get out of bed. You don't even care. And so, you land here. Welcome. You are living the natural, organic human experience. You want to evolve. Why? Because you don't want to be stuck in this matrix way of living. So, besides taking deep breaths all the time, drinking plenty of water, and taking care of your body, you start to ask yourself questions about what you're thinking.

Why am I thinking this? Now, sometimes the only way to understand is to acknowledge that life is very pattern-filled and repetitive. It's hard to stop in the middle of the day and ask, "What is my mission in life?" when you're running to the grocery store, heading to work, going to the mechanics, getting your oil changed, and changing your tires. It doesn't seem very romantic or mystical, and it certainly doesn't feel very advanced. However, you have to do it. It's not bad.

### "IF YOU'RE NOT LIVING YOUR TRUTH, THEN WHAT IS THE POINT?"

What you're learning is how not to label anything as wrong in creation. We all agreed to this type of practicality so we could coexist and share this vast experience. The goal is to have as much fun as possible. As you can see, this is how you will survive. You have to learn how to have fun. But how do you have fun when you're mad, sad, disappointed, discouraged, or feel like you've drawn the short straw in life? You have to start somewhere, and sometimes the best place to begin is by looking for signs.

And those signs sometimes help you because you realize there is something going on that is pretty mystical, magical, and metaphysical. For example, you pick up your phone, intending to call someone, and that person is calling you. How does that feel? Take note of that experience. You turn on the TV just after thinking about a show, and that very show happens to be on. Or you walk into a room and the TV turns on by itself. That's weird. There are all kinds of other examples as well. Imagine how many there are; this is something so random. Just the other day, I was lying in bed in the morning, thinking about how I needed to go to yoga. I was in extreme pain because I was in my second month of intense hot yoga, and I was experiencing a lot of discomfort. As I lay there, I kept telling myself, "Oh, I have to go to yoga. Okay, okay, okay, I have to go to yoga." And I recalled that one pose —I think it's called the tree pose—where you stand on one leg like a pelican and lock the other leg into your thigh, and then you do the Namaste gesture.





I was wondering how I hadn't done that yet and realized that I need to incorporate it into the classes I'm taking. For those of you who would like to know, I'm currently taking Vinyasa. I thought about it, but then it slipped my mind. So, I'm in class, doing my poses, and everything's going smoothly. Then the instructor says, "Okay, now we're going to do..." I forget the name of the pose; I think it's the tree pose, perhaps. To my surprise, she demonstrated the exact pose I had been thinking about why we hadn't done it yet. I couldn't help but laugh because this kind of thing happens to me all the time. I thought, "Okay, so either I psychically projected that thought, or she psychically picked up on it, or maybe I altered the course of evolution in some timeline." In that scenario, whatever timeline I created sent out my intention into the world, and that version of her picked up on it. Maybe there's a connection or a higher vibrational way I'm communicating about yoga to myself. Whatever the reason, it felt like my thoughts were heard.

# "WHY DO YOU NEED A LOCATION? WHY DO YOU NEED TO ZIP CODE OF, OH, I'M NOT IN THE THIRD DIMENSION NOW. I'M IN THE FIFTH DIMENSION NOW."

Or it was the reverse, where I picked up on her intentionality. It's pretty magical. It's pretty psychic. It doesn't mean that you have to have three aunts and a grandmother who are psychic to be psychic, because I don't have anybody psychic in my family, as far as I know. And for that matter, one of the most psychic human beings on the planet, my husband, Riz Mirza, also has none of his family members who are psychic. Now, do you just wake up this way, or do you actually start to pay attention? Pay attention. When you start paying more attention and you pay closer attention, you're going to begin to see more magic. And you know what happens when you see more magic? You stop being so mad. You stop being so mad because there's magic. And when there's magic, and there's alignment, and there's beauty in nature, and there's beauty in parallel realities, and there's beauty in what you're feeling—even if you can't describe it and you don't understand it, and it feels like God's essence and intelligence personified—you feel more connected to yourself. That connection elicits happiness. If that's what you're looking for, at the end of the day, if you want happiness, you can't fake it.

# "YOU CAN RECREATE HOW YOU SEE THINGS. YOU CAN RECREATE HOW YOU SPEAK TO PEOPLE. YOU COULD RECREATE HOW YOU THINK."



You can't lie to yourself. If you're bored, you're bored. If you don't believe it, you don't believe it. If it feels good to you and it resonates, you believe it. If it feels good, you implement it immediately. If you're forcing yourself, you'll know. If you're not forcing yourself, you'll know. You can't lie to yourself; it's called living an authentic experience. The more you are consciously aware of this, the more you pay attention to the signs, the more magic you will experience. And guess what? Eventually, you will realize that the magic is within you. You are the magical being that you are looking for. It is not a dimension that you're seeking. Some people will say, "Well, you're just describing the fifth dimension." Oh, yeah? Well, I just watched a video that showed 11 steps to be more in the fifth dimension. Well, you know, you are massive. You are planetary. You are multidimensional. You come in and out; you blip in and out of realities constantly. Forget about the dream state when you're sleeping. You go way out. But when you are being with yourself in your magical essence, being true to yourself, loving yourself, and feeling good within yourself, you can be in any planetary system.

# "YOU ARE REALLY ACTUALLY COMMUNING WITH YOURSELF, ULTIMATELY. YOU ARE EXPERIENCING YOURSELF IN A VERY VISCERAL WAY."

Bring them on, sister. You can be on planet Earth. You can be anywhere, in any physical dimension, or even in a non-physical dimension. Nothing is intimidating, and nothing is scary to you because you are one with all of creation; therefore, you embody the essence of God itself. Who needs to know what dimension you're in? If you are everything, it doesn't matter. You created the dimensions. How about that? Is that too much power for you? For those spiritual teachers out there who are sharing this message, let it be known that you need to find more room to breathe. The more you understand that you simply are, the more you can be yourself. The more wisdom you receive and allow yourself to feel, the greater your experience of self will be. The more fun you have, the higher the vibration you experience within yourself while you're having fun, because it's all connected. You will feel better. Your body will feel better. Your cells will respond positively, allowing your body to heal, leading to a more enlightened existence. So there's your Buddha experience.

There's the enlightenment you were looking for. And look, the title of the video didn't even say 'enlightenment.' It said 'signs and symbols.' So I tricked you because now you get to hear how you can achieve enlightenment by following signs and symbols. How magical! Because it's all you. It's all your creations, and you're having your own fun, your own way. I could fit into a paradigm if I wanted to. I could fill in the blanks, say all the right things, and repeat what everyone else says, checking off all the techniques to ensure everyone understands. I could do that until kingdom come. But if I'm not having fun, then it's not authentic. And if it's not authentic, then I don't want to do it. Why? Well, besides the fact that I grew up in an awesome era, I really like to be free. I enjoy breathing freely within myself. I appreciate the feeling of relaxation when I speak. I like to enjoy the experience of my life. If these concepts are new to you and you're feeling that tingly sensation, it's because this is also your truth; this is also what you're trying to experience.

You also want to break free from the routine, paradigm, and pattern-filled life you have. The best way to start is by recognizing the synchronicities you experience and realizing there's a bigger picture here. There is more to this situation than you may have realized. There is a message. This message is for you to experience yourself in your fullness, beauty, grace, joy, and love of life. That's what it's about. Because if that is not what you're experiencing on this planet, then why bother? Why are you here? You're here to fully embrace and embody your experience. In other words, take it all in. Like they say, love all your children, right? This world is full of your creative expressions. If you do not like what you have created, then you need to stop, pay attention to what you're doing, and start to reframe, re-energize, and reengage. Begin anew, not by repeating the past, but by thinking, living, feeling, and being in new ways. That's what you need to experience for yourself.



And when you do that, you are going to feel the feelings you want to have. So pay attention to these signs and symbols. It's not just synchronicities you're looking for; it's the message behind them. It reminds you that you are not alone, that you are being watched, communicated with, and encouraged by the powers that be, primarily your higher self and all of your guides. You are never alone. You are always living in a multi-dimensional reality. The more you open your eyes to this, the more you will see through it all. You will recognize the different phases and places of life, as well as states of being, and you will come to feel and understand oneness on a deeper level. Ultimately, you will know that at the end of the day, it is all for you, and it has always been for you, and it has been for no one else. When you embrace this more, you will achieve the life you are seeking. Signs and symbols will guide you there. I hope this helps someone, and I truly enjoyed this conversation. Enjoy yourself more.

There is the enlightenment you were looking for. Interestingly, the title of the video didn't even mention enlightenment; it said signs and symbols. So, I tricked you now you get to hear how you can attain enlightenment by following these signs and symbols. How magical! Because it's all about you; it's all your creations, and you're having your own fun in your own way. I could easily fit into a paradigm. I could fill in the blanks, say all the right things that everyone else says, and go down the list of techniques to ensure everybody understands. I could do that until kingdom come. But if I'm not having fun, then it's not authentic. If it's not authentic, I don't want to do it. Why? Besides the fact that I grew up in an amazing era, I truly value my freedom. I enjoy breathing freely within myself and the feeling of relaxation when I speak. I love experiencing my life. If these concepts are new to you, and you're feeling that tingly sensation, it's because this is also your truth—this is what you are trying to experience. You, too, want to break free from whatever routine, paradigm, and pattern-filled life you lead. The best way to start is by noticing the signs when you experience synchronicities like this and realizing that there's a bigger picture here. There is more to life than you realized, and there is a message for you to experience yourself in your fullness, beauty, grace, joy, and love of life. That's what it's all about. If you are not experiencing this on this planet, then why bother? Why are you here? You are here to fully embrace and embody your experiences, taking it all in. As they say, love all your children, right?

This world is full of your creative expressions. If you dislike what you've created, then you need to stop, pay attention to what you're doing, and start to reframe, re-energize, and reengage. Begin anew—don't just repeat old patterns, but explore new ways of thinking, living, feeling, and being. That's the experience you need for yourself. When you do that, you will begin to feel the emotions you desire. So, when it comes to signs and symbols, pay attention. It's not just synchronicities you're seeking; it's the message behind them. You are not alone—you are being watched, communed with, and encouraged by the powers that be, primarily by your higher self and your guides. You are never alone; you are always living in a multi-dimensional reality. The more you open your eyes to this, the more you'll see through all the different phases and places in life and states of being. Ultimately, you will understand oneness on a deeper level, and you will know that it has always been all for you and for no one else. When you enjoy this more, you'll find the life you're looking for. Signs and symbols will help guide you there. I hope this conversation has helped someone, and I genuinely enjoyed it. Enjoy yourself more. Enjoy life more. Okay? Take it from this Taurus: grab the bull by the horns. You are the bull the stubborn one. But remember, you don't have to be stubborn. Stubbornness is just a concept, an idea. That energy can actually be beneficial! If you are stubborn, it means that when you engage in something positive for yourself, you'll direct that strong stubborn energy toward it, and you will benefit. Use all your skills and attributes to the best of your ability. I hope this helps someone. Let me know in the comments. If you'd like to hear more, I will put up another poll to find out what other topics you'd like to discuss. Please drop your suggestions in the comments below if you'd like to hear anything else from my class. All right, everybody. Talk to you soon. See you next time.